

## STUDIES IN PSALM 119



1. Ask yourself: Why don't I spend more time in/with the Word of God?  
List all your reasons on one piece of paper, poster board, white board, etc.

Turn to Psalm 119 and read it while answering the following questions.

(Be sure to note each verse number.)

What does God want to give to me when I spend time with Him in His Word?

What are the advantages of applying God's Word to my life?

Now compare your two lists ...

2. As you read Psalm 119, list every way God describes His own Word.  
**For example:** counselor, precepts, words of life, etc.
3. As you read Psalm 119, list all the results/rewards of abiding in His Word.  
In other words, what will happen as you allow God's Word to make His home in you?
4. Visit Psalm 119 at [www.e-sword.net](http://www.e-sword.net) or [www.blueletterbible.com](http://www.blueletterbible.com)  
Create a word document by copy/pasting all the Hebrew definitions for the words which describe God's Word, such as *precepts, statutes, commands, testimonies, law, judgments, etc.*  
Then, rewrite the verses which contain these words, using the Hebrew definitions.  
Rewording the Psalm into first person will also help you grasp the meaning.

### **For example: Psalm 119:9-16**

How can I keep my way pure? By living according to Your Word.

I seek You with all my heart; do not let me stray from your *positive and particular orders*.

I have hidden Your *speech* in my heart that I might not sin against You.

Praise be to You, O LORD; teach me Your *prescription for me, Your tasks for me and the set times to do them*.

With my lips I recount all the *guidance, direction and instruction* that comes from Your mouth.

I rejoice in following *the special and direct revelations of Your will* as one rejoices in great riches.

I meditate on Your *authorized, listed commandments* and consider Your ways.

I delight in *the written words of Your law*; I will not neglect Your Word, Lord.

I will not neglect You.

## STUDIES IN PSALM 119



5. As a way to reflect on John 1:1-18 where Jesus is described as “the Word made flesh” (the Living Logos of God in human form), rethink Psalm 119 in terms of the following phrase: *Time in the Word is time with Jesus.*

### **For example: Psalm 119:9-16**

How can I keep my way pure? By living with You, Jesus, and listening attentively to Your Words. I seek You with all my heart; do not let me stray from You.

I have hidden Your Words in my heart that I might not sin against You (that I might stay close to You).

Praise be to You, O Lord; I want You to teach me what You think, what You do, how You do it, and why.

With my lips I recount all that comes from Your mouth. Your Words are the overflow of Your heart.

I rejoice in following You as one rejoices in great riches.

I meditate on You and consider Your ways.

I delight in You; I will not neglect You, Lord.

6. Rewrite Psalm 119 as if the Lord was speaking each of these verses to you.

For example: verse 162 says, “I rejoice in Your promise like one who finds great spoil.”

If the Lord was speaking, He might say, “Rejoice in My promise like one who finds great spoil.”

7. Read through Psalm 119, listing all the verses which begin with “You...” and “Your...” (referring to God).

Worship Him as you read!

8. Read through Psalm 119 listing all the Scriptures which begin with “I will...”

Declare each statement, using the Biblical text.

Pray about each statement which makes you feel hesitant or resistant.